

*Everyone Loves*  
**BRUNCH**

**BRUNCH STAPLES**

**SEASONAL VEGGIE  
BREAKFAST BURRITO  
\$5.50**

Organic Eggs, Cheese  
Blend, Seasonal Vegetables,  
Hatch Green Chilies,  
Seasoned Potatoes,  
Local Tortilla

**BACON BREAKFAST  
BURRITO  
\$6.00**

Organic Eggs, Cheese  
Blend, Applewood  
Smoked Bacon, Hatch  
Green Chilies, Seasoned  
Potatoes, Local Tortilla

**BREAKFAST  
SANDWICH  
\$8.00**

Organic Fried Eggs,  
Applewood Smoked Bacon,  
Aged Cheddar, Local  
Brioche, Maple Syrup

**BOULDER NATURAL  
FRIED CHICKEN  
SANDWICH  
\$9.00**

Texas Pete Aioli,  
Pickles, Organic  
Arugula, Local Brioche

**GLUTEN FREE  
FRIED CHICKEN  
AND WAFFLES  
\$12.00**

Boulder Natural Fried  
Chicken, Toasted  
Coconut Waffle, Maple  
Syrup, Toasted Coconut

**SIMPLE PLATES**

**\$9.00 CHOICE OF ANY THREE ITEMS:**

- GLUTEN FREE COCONUT WAFFLE** (*Served with Maple Syrup*)
- SEASONED BREAKFAST POTATOES**
- APPLEWOOD SMOKED BACON** (*2 Pieces*)
- SEASONAL ROASTED VEGETABLES**
- ORGANIC SOFT SCRAMBLED EGGS**
- SEASONAL FRUIT SALAD**

\*Plate items available a-la-carte for \$3.25/each

\*Add an organic fried egg to anything for \$2.00

**BREAKFAST  
PIZZAS**

**ORGANIC ARUGULA  
AND PROSCIUTTO  
\$12.00**

Crushed Bianco Dinapoli  
Tomatoes, Fresh Mozzarella,  
Organic Arugula, Garlic  
Ricotta, Prosciutto, Two  
Organic Eggs

**HATCH GREEN CHILI  
AND APPLEWOOD  
SMOKED BACON  
\$12.00**

Arugula Pepita Pesto,  
Fresh Mozzarella, Garlic  
Ricotta, Grape Tomatoes,  
Bacon, Green Chilies,  
Two Organic Eggs

**SALADS**

Choice of seasonal roasted  
vegetables or boulder natural  
chicken - grilled or fried.

**CASHEW CAESAR  
\$11.50**

Romaine, Garlic Croutons,  
Shaved Parmesan,  
Cashew Caesar Dressing

**ORGANIC POWER  
GREENS  
\$11.50**

Power Green Blend,  
Radish, Carrot, Cucumber,  
Grape Tomato, Herb  
Yogurt Dressing





## SMOOTHIES AND BOWLS

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### RISE AND SHINE

Spinach, Apple, Banana,  
Cinnamon, Honey, Almond  
Milk, Coconut Oil

**\$6.25**

### THE TEMPEL

Acai, Apple, Local  
Yogurt, Organic Coconut  
Shavings, Blueberry,  
Banana, Local Honey

**\$7.50**

### THE WHOLE SHEBANG

Blackberry, Strawberry,  
Blueberry, Almond Butter,  
Oats, Honey, Almond  
Milk, Apple Juice

**\$7.25**

### DR. FEEL GOOD

Kale, Blueberry,  
Banana, Honey,  
Acai, Coconut Water,  
Chia Seed

**\$8.25**

### PARFAIT

Local Yogurt topped  
with Organic Granola,  
Strawberries, Blueberries,  
Goji Berries, Banana,  
Organic Coconut  
Shavings, Local Honey

**\$6.25**

### ACAI BOWL

Housemade Acai blend  
topped with Granola,  
Strawberries, Blueberries,  
Banana, Goji Berries,  
Organic Coconut  
Shavings, Honey

**\$8.75**

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## DRINKS

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### BEVERAGES

**METABOLIC PALEO  
COFFEE**

**COFFEE**

**FRESH SQUEEZED  
LEMONADE**

**ORANGE JUICE**

**ICED TEA**

### COCKTAILS

**APEROL SPRITZ**

**MIMOSA**

**REAL DILL  
BLOODY MARY**

**BRUNCH SPECIALTY  
COCKTAILS**

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